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Community. Family. Lifestyle.

4S Ranch
Del Sur
High Country West
Santa Fe Valley
Santaluz
Westwood
and Surrounding Areas

PHOTO CONTEST Submit your favorite photor! ree page 3

Q CA with the Boys & Cliffs Cliff

Local Paragliding

A Look at Black

Mountain Glider Port

New Technology & Gentle Touch at



:::: IN THE SPOTLIGHT

Patients Find New Technology and a Gentle Touch at





Dr. Bold displays his Cerec machine that allows porcelain crowns to be created on-site in a single visit (same day).

uring an era when changes and new techniques are introduced at a tremendous pace, it is both comforting and impressive that our area has a dental professional committed to staying current on new dental procedures and offers the latest technologies.

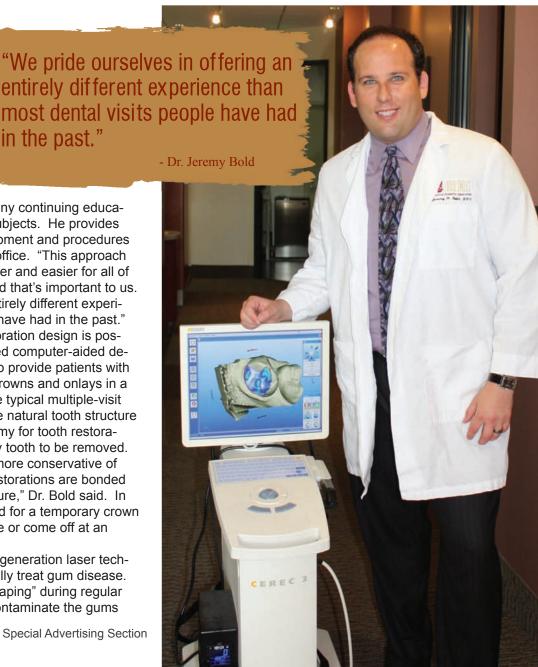
Jeremy Bold, DDS, owner of Bold Smiles Den-

tal, stays up-to-date by attending many continuing education courses on a variety of dental subjects. He provides a wide range of state-of-the-art equipment and procedures at his convenient 4S Ranch Village office. "This approach makes visiting the dentist better, faster and easier for all of my patients," Dr. Bold remarked, "and that's important to us. We pride ourselves in offering an entirely different experience than most dental visits people have had in the past."

in the past."

For example, sophisticated restoration design is possible at Bold Smiles, utilizing patented computer-aided design and manufacturing equipment to provide patients with beautiful, natural-looking porcelain crowns and onlays in a single visit. This eliminates the more typical multiple-visit procedure. This technology uses the natural tooth structure as a basis for creating perfect anatomy for tooth restoration, and limits the amount of healthy tooth to be removed. "Such an approach allows us to be more conservative of precious tooth structure since the restorations are bonded to the remaining healthy tooth structure," Dr. Bold said. In most cases, this can reduce the need for a temporary crown or filling which may become sensitive or come off at an inopportune time.

Additionally, Dr. Bold offers new generation laser technology to painlessly and non-surgically treat gum disease. Used in conjunction with normal "scraping" during regular cleanings, this procedure helps decontaminate the gums



and reduce disease-causing bacteria. Not only is this important for the health of your mouth, but it can also help keep bacteria from spreading and causing infections throughout your entire body.

Dr. Bold is passionate about providing personalized dental care. Scheduling one patient at a time allows him to interact with patients, have ample time to answer questions, and the ability to provide exceptional quality dentistry with a gentle and caring touch. "We have a helpful, talented and knowledgeable staff that is always willing to answer or solve any dental concerns," Dr. Bold said. "And," he points out, "we

are great with 'dental phobics' of all ages!"

Dr. Bold is a member of the American Dental Association, the California Dental Association and the San Diego County Dental Association. He received his Doctor of Dental Surgery degree from the University of Southern California School of Dentistry. He also secured advanced training by completing a two-year residency in advanced general and cosmetic dentistry at the University of the Pacific School of Dentistry in San Francisco.

Raised in Southern California, Dr. Bold is married to his college sweetheart, Jennifer. Together they have two children: 5 year old Madison and 2 year old Brandon. When not in the office, he enjoys basketball, snow skiing, tennis, racquetball, watching the Chargers and Padres, and spending time with his family.

Bold Smiles Dental, located at 16625 Dove Canyon Road, Suite 103, is open Monday and Thursday 8 a.m.-5 p.m.; Tuesday and Wednesday 9 a.m.-6 p.m.; and Friday 8 a.m.-2 p.m. Appointments and more information are available by calling 858-674-9999 or visiting wwwBoldSmilesDental.com.

Invisalign treatment

A clear alternative to straightening and aligning teeth, without the need for braces or interfering with day-to-day life. As a preferred provider of Invisalign, Dr. Bold has met or exceeded all of the stringent Invisalign requirements and achieved an exceptional level of case experience.

"Virtual Reality" Entertainment

Bold Smiles features movies and television shows for patients to enjoy during treatment on a virtual 80" screen. An extensive library of video options and a set of high-tech glasses provides patients with a "personal movie theater" as a distraction and way to take them to their own world while getting their dental treatment performed.

Digital x-rays

Designed to reduce the amount of radiation by 90% compared to traditional x-rays. Digital x-rays allow Dr. Bold to enlarge and enhance the pictures, enabling him to identify potential problems early on.

