



BLACK HILLS

pediatric
DENTISTRY

Tooth Talk

Where Bright Smiles Begin

BACK TO SCHOOL HOURS

8-5 MONDAY-THURSDAY

8-3 FRIDAYS

Doctors' Corner

August
2012

Pediatric Dentists

Dr. Donhiser, DDS

Dr. Bradley, DDS

Dr. Jobman, DDS

Dr. Cooksley, DDS

Adolescent Dentists

Dr. Godber, DDS

For Appointments please Call:

605.341-3068

Are Dental X-Rays Safe?



YES... My own children receive dental x-rays. I know there has been information in the news lately that has questioned the safety of dental x-rays in young children. The fact is, once all the baby teeth have erupted and spaces between the teeth have closed, x-rays are the only way to diagnose problems in between the teeth. Most children do not need x-rays until they are 3-4 years old. There is very little radiation exposure for dental x-rays and pediatric dentists are very careful to limit the radiation exposure as much as possible. Lead aprons placed over the children and using digital x-rays help reduce radiation exposure even further. For children with healthy teeth, x-rays should be taken just once a year.



Just a thought...It takes
more muscles to frown than
it does to smile!



What is regular dental care for children???

For most people this means an exam and cleaning every six months. This should be individualized for each person. If a child has a high decay rate, they may need to be seen more often. A child who has great oral hygiene and a low decay rate may be seen less frequently. Any one of our assistants or doctors would be happy to help evaluate your child.

"Most folks are about
as happy as they make up
their minds to be."

Abraham Lincoln

RUSHMORE AMBULATORY
surgery center

BH Pediatric Dentistry
700 Sheridan Lake Road
Rapid City, SD 57702

Phone: 605.341.3068
Fax: 605.341.5757

E-mail: administrative@bhp pediatricdentistry.com

**DID YOU KNOW... WE TAKE YOUR
COMMENTS SERIOUSLY...LET US KNOW
HOW WE CAN BE OF BETTER SERVICE**

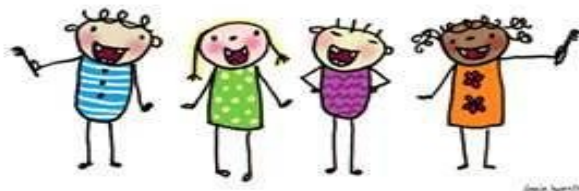
Where Bright Smiles Begin

WE ARE ON THE WEB!
www.bhp pediatricdentist.com

RUSHMORE AMBULATORY surgery center

When is dental surgery an option?

The Doctors at Black Hills Pediatric Dentistry may recommend that a child be referred to a surgery center if a child is expressing extreme anxiety and/or if they have extensive restorative work that needs to be completed. Dental surgery provides comfort to the child (and parents) knowing that they will be asleep and able to get all of the restorative work done during just one visit. It is always our hope at RASC or any of the other surgery centers used by our Doctors, that we can have maximum results with minimum stress to our patients... and their parents!



So Many Choices...How do I know what toothbrush to buy???

With all kids you should use a **soft bristle brush with end-rounded bristles**. Medium and Hard brushes are just too hard on teeth and gums. Their brush should be replaced at least every 3 months or if the child has been ill. If they were sick, you should pitch the brush and get a new one right away.

Make brushing fun- they will brush longer. A common question from parents is on the use of an electric toothbrush versus a manual toothbrush. I personally do not think that any one brush is better than another as far as brands...electric or manual. However, if the electric toothbrush will help them to brush longer, then that is the best choice. The recommended pediatric guideline is two minutes of brushing, twice a day. So, whatever time you can get them to sit still for brushing is better than no time at all.



If you select an electric toothbrush, start out slowly. There are some great semi-disposable and inexpensive brands of toothbrushes that you can try with your child to establish if he or she likes the sensation of an electric toothbrush before you invest in one that is more expensive. There are also many novelty-type toothbrushes, such as those that play music or flash...if it helps them to brush their teeth longer...or helps them to become interested in brushing...it doesn't hurt to try!

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e-mail us at: administrative@bhp pediatricdentistry.com

