

Tooth Talk

Where Bright Smiles Begin

FALL 2013

FALL HOURS

8-5 MOND<mark>AY-T</mark>HURSDAY 8-3 FRIDAYS

Pediatric Dentists

Dr. Donhiser, DDS

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Dentistry for

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Teenagers

Doctors' Corner

The kids are back in school.
One concern expressed to me
by parents (especially those
whose children are wearing
braces) is how do we keep
our child's teeth healthy and
clean when they are at
school?

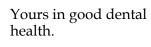
Some children will take a toothbrush to school (and a few of them might even take it out of the case and use it) but most will not. What can you do to help reduce the chance of cavities while they are at school...

- 1. Good food choices for lunch.
- 2. Avoid sodas & sports drinks.
- 3. Drink water and rinse after they finish eating.

Some children may even be willing to take an anti-cavity mouth rinse to school when they do not want to

be seen with a toothbrush. It is not ideal, but it all helps!

Dr. Brent Bradley





For Appointments please Call:

Knowing the words is not

the same as living the

meaning

Our goal as pediatric dentists is to help each

family recognize that dental health is a major part of your child's overall health. Those early teeth are not "just baby teeth". Primary teeth (baby teeth) should be cared for and valued just like your fingers and toes. Early dental care acts like a vaccine to safeguard your child's overall health care. It has been said that good dental hygiene can add years to a person's life...can you come up with a reason why you would not want to add ten years to your child's life????



surgery center

Today, the American Academy of Pediatrics identifies early childhood dental disease as one of the top three children's healthcare issues of our time. According to the Center for Disease Control and Prevention, more than 40% of the U.S. children experience tooth decay by the time they reach kindergarten. When early dental care and intervention is missing from the child's healthcare experience, the impact can be profound: from interminable pain, infection, loss of teeth, or treatment in an emergency room to biological, developmental and other learning issues directly associated with dental disease. Dental disease is a whole-body healthcare issue and needs prompt and complete



SEALANTS???? I never had those...why should my child???

The American Academy of Pediatric Dentistry recommends placing sealants on the first permanent molars (at around 6 years of age) ... and the second permanent molars (at around 12 years of age). Why? Well; basically there are a lot of studies that say placing sealants on teeth help to reduce the incidence of cavities. Does it mean your child will never get a cavity? No, a cavity can still happen, but sealants have been know to reduce the kind of cavities that form in the grooves and pits of their back teeth. Studies have shown that a sealant can last 5-7 years if you take care of them...any dental assistant or Doctor can give you tips about how to make these last.







