



BLACK HILLS

pediatric
DENTISTRY

Tooth Talk

Where Bright Smiles Begin

WINTER HOURS

**8-5 MONDAY-THURSDAY
8-3 FRIDAYS**

**Winter
2013**

Doctors' Corner

Pediatric Dentists

Dr. Donhiser, DDS

Dr. Bradley, DDS

Dr. Jobman, DDS

Dr. Cooksley, DDS

Dentistry for Teenagers

Dr. Godber, DDS

Dental Emergencies and Urgencies Part 1

Although there are many situations regarding teeth that can be considered urgent, there is only one true dental emergency. By that I mean, a situation where time is of the essence in getting proper treatment. This is when a permanent (adult) tooth is completely knocked out.

If a permanent tooth is completely knocked out, the first 30 minutes to 1 hour is critical to the possibility of saving the tooth. After the first hour the chance of success in saving the tooth goes down greatly. If you are involved in a situation where someone completely loses a permanent tooth due to trauma this is what you can do to help.

Immediately notify a dentist so that they can see you to provide care. If you are comfortable with first aid the best thing you can do is place the tooth back in the space where it

was before the injury. Do not worry if you are not sure you are getting it in properly (backwards, crooked, etc.) the dentist can fix it later. Try to hold it in position until you get to the dental office or emergency room.

If you cannot place it back in the socket and you are at a sporting event, school activity or a rescue squad is nearby they may have a special solution to place the tooth in until the dentist can re-implant it.

If the special solution is not easily available the next best thing is to place it in milk or distilled water (not usually easily available)

If no milk is available, wrap the tooth in a damp cloth or paper towel. Do not scrub or wash the tooth off, or place in tap water, or handle it any more than is necessary

The real key to saving the tooth is getting to the dentist ASAP do not delay by trying to hunt down these

first aid items. The chances of successful re-implantation of a lost tooth are not always good usually because the dentist does not see the patient until several hours after the injury.

It is important to understand it is usually better **not** to re-implant a baby tooth that has been knocked out. The chance of damage to the forming permanent teeth (while putting it back in) is usually not worth it.

Next time some first aid for dental urgencies.

For Appointments please Call:

605.342-3068

Remember...if you want to make a change in your life...you must do something!



Is sugar bad for my child?

Sugar is not bad. Infants/children need the calories sugar provides to grow. It is not the amount of sugar that your child consumes that is the problem. It is the amount of time the teeth are exposed to decay causing sugars that is critical. So ...if your child is going to have a soda or juice or a sugary snack, rinsing, wiping or even brushing their teeth or gums following the treat is critical to limiting the exposure and the damage to the teeth.



"Ability is what you're Capable of doing. Motivation determines what you do. Attitude determines how well you do it." - Lou Holtz



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**DID YOU KNOW... IF YOU DON'T
FLOSS, YOU MISS CLEANING 35%
OF YOUR TOOTH SURFACES**

Where Bright Smiles Begin

WE ARE ON THE WEB!
www.bhpediatricdentist.com

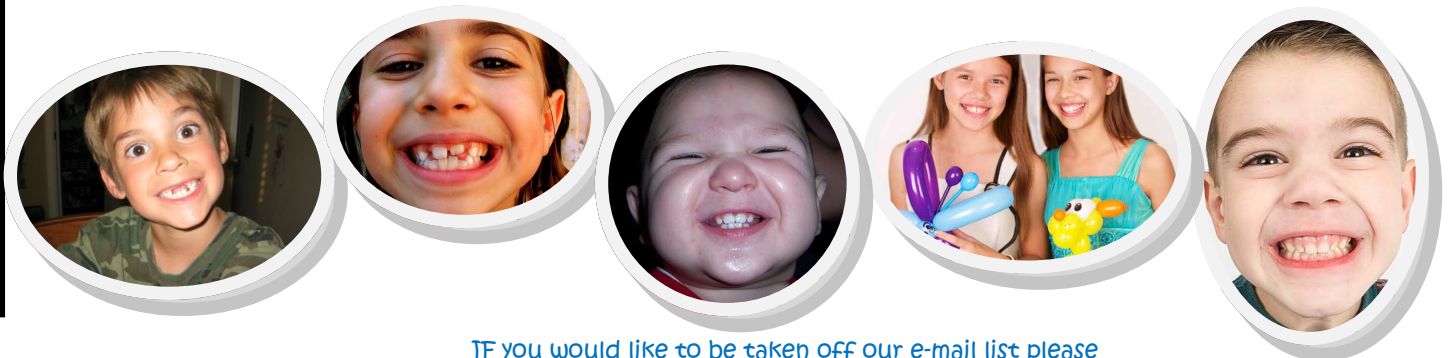
RUSHMORE AMBULATORY surgery center

Rushmore Ambulatory Surgery Center is a dental surgery center that treats children with severe tooth decay or anxiety under general anesthesia. It is our hope to eliminate the pain, suffering and distractions that living with Early Childhood Caries (cavities) causes. By continuing to collaborate with clinics, school-based programs and other outlying area curriculum, Rushmore Ambulatory Surgery Center will remain a vital resource for children in urgent need of dental surgery in and beyond the Rapid City area. RASC is a licensed and accredited ambulatory surgery center whose only concern is efficient, empathetic and timely treatment of our patients!



What are baby teeth good for anyway???

Baby teeth serve several important functions. They help the jaws grow to their proper size and they hold space to guide the permanent teeth into their proper locations. If you were to lose the front four teeth (incisors) top and bottom, early, the loss will not have too much impact. For children over the age of two who lose a front baby tooth early, it is almost exclusively a cosmetic concern. Back molars lost to severe decay can potentially prevent the jaw from growing to its normal size. Removing the decay tooth,, even though it is "just a baby tooth" can be a huge mistake. If cavities do occur, it is important to repair them for three reasons: to avoid pain and toothaches, to chew with until your child is almost a teenager, and to prevent unnatural shifting of the teeth which can keep the jaw from attaining its normal size, cause orthodontic problems, and crowding.



If you would like to be taken off our e-mail list please
e-mail us at: administrative@bhpediatricdentistry.com