

Something To Smile About with Dr. Enoma Alade

Summer 2006

Go Ahead & Ask Us!

Go Ahead & Ask Us!

We encourage every new patient to ask questions. Here are the Top six questions

(1) *Will you schedule appointments that are convenient to me?* Yes. We offer flexible, patient-friendly office hours and have an established, successful plan for emergency procedures.

(2) *Are you easily accessible to me?* Yes. We're only minutes away. We're already part of your neighborhood!

(3) *Will you take the time to provide personal attention to me?* Yes. We pride ourselves in creating a warm, welcoming, and supportive atmosphere, and building trusting relationships.

(4) *Will you provide instruction and explain preventive and home care techniques?* Yes. We are committed to preventive dental care, and believe that

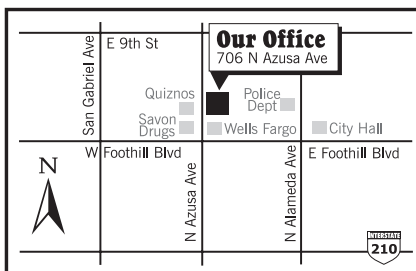
the best patient is an informed patient.

(5) *Will you record my medical and dental history in a permanent file?* Yes. We know that once you've met our team, you'll want to come back. Our electronic record keeping is streamlined for ease of access and authorized transfer.

(6) *Will you provide fee and payment plan information before scheduling treatment?* Yes. We'll also help you prioritize treatment that's essential, can be phased over time, or is elective.

Our team would be grateful for the opportunity to earn your trust and respect.

If you'd like to visit our office or if you currently have a dental problem or concern please schedule an appointment. We'll be happy to answer any questions you have. Simply call **(626)334 7310**.



**New Patients
Welcome!
Call Today!
(626) 334-7310**

**Canyon City Dental Care
Dr. Enoma Alade**
706 North Azusa Ave
Azusa, CA 91702-2507

Office Hours

Mon – Fri 9:00 am – 5:00 pm
Saturday 10:00 am – 2:00 pm

*Early morning and late evening
appointments available on request.*

Our Services Include:

- ❖ Family dentistry
- ❖ Crowns & bridges
- ❖ Children of all ages welcome
- ❖ Modern, state-of-the-art facility
- ❖ TVs, videos, & music in treatment rooms
- ❖ Gentle dentistry
- ❖ Most insurance plans accepted
- ❖ Languages spoken: *Spanish*
- ❖ Visa, MasterCard, CareCredit, Capital One Healthcare Finance, Medical and checks welcome



Buen Día!

Usted esta invitado a una consulta para que conozca nuestra nueva clinica; y mire si somos los dentistas para su familia.

Sí, nosotros hablamos español

Gracias



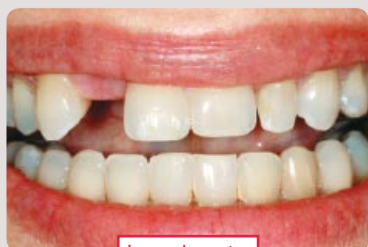
Can we make you smile today?

Restore your equilibrium with cosmetic dentistry

The same cosmetic procedures that beautify your smile could relieve symptoms like tenderness of the jaw muscles, limited jaw opening, facial or head pain, or joint noises. How? Cosmetic dentistry can correct your bite so that the muscles can function without extra strain and tension and leave you smiling – beautifully.



crowns



implants



A crown...

...is sometimes called a cap. The white enamel that you see when you smile forms the crown of your tooth. When cracked or weakened by trauma, or by wear and tear, it can be strengthened by a porcelain crown which is translucent like real tooth enamel. With a custom-fitted crown, your smile will look, feel, and work exactly as nature designed it to.

A bridge...

...is a combination of crowns and artificial teeth. Bridges can close the gap left by one or more missing teeth, restoring the look of your smile and redistributing the workload more evenly.

An implant...

...is an alternative artificial tooth permanently anchored in the jawbone below the gum. Dental implants look and feel just like real teeth and can be used by young and old alike.

A filling...

...replaces tooth material that is damaged by decay. Say “goodbye” to old silver-colored fillings and “hello” to enamel-colored materials that look completely natural and can save your tooth, your bite, and your appearance!

Wise UP

Conquer the wisdom tooth culprit

You may not even think about your wisdom teeth until you feel pain. They are the last teeth to erupt, often in your late teens or early twenties. The only way to anticipate their timing is by dental examination.

According to the American Dental Association, problems often develop, including teeth that:

- are impacted (unable to come in or are misaligned);
- grow sideways;
- emerge only part of the way through the gum;
- remain trapped beneath the gum and bone.

Complications could include...

- damage to adjacent teeth;
- infection;
- pain, swelling, jaw stiffness, and even general illness.

Temporomandibular Disorder (TMD) symptoms (tenderness in jaw muscles or jaw joint, limited jaw opening, and unexplained facial or head pain) can also be caused by wisdom teeth.

Close monitoring by a dentist and special cleaning techniques are sometimes enough to keep wisdom teeth on the straight and narrow.

Q&A

Wouldn't you like a whiter smile?

Professional teeth whitening can create such a dramatic difference that millions of people worldwide will get their teeth whitened this year. Here are the answers to some common questions you may have about whitening.

What is teeth whitening?

It is a process that takes away stains and discoloration to brighten your teeth enamel. Safe, quick, and reliable

Get Enough Sleep!

You've seen the headlines – sleep deprivation is taking its toll. And snoring is a key factor. There's one type of snoring in particular that is cause for alarm for the more than 30 million sufferers in North America alone: sleep apnea.

Researchers have found a link between sleep apnea and the danger of stroke... and dentistry may help.

When someone has sleep apnea, their airway could collapse ... up to 500 times a night. Blood pressure can soar, damaging the inner walls of the carotid arteries. Cholesterol and calcium can stick to the injury sites and calcify into plaques that block blood flow to the brain. The result can be massive stroke.

If you think you or someone you love may suffer from sleep apnea, a physician can provide a diagnosis. Dentistry may help relieve symptoms... and greatly improve the quality of sleep!

Extreme Results Minimal Effort

You don't need to have an extreme procedure to get extreme results. If you have admired today's look of big square even teeth, and believe your teeth are too small, your new smile may be within easy reach thanks to a simple procedure called a *gum lift*. In only one or two visits, we can unveil the true power of your smile.

When it comes to appearance, your gumline can be every bit as important as your lipline and your teeth. By revealing the beautiful natural enamel beneath a too-gummy smile, dentistry can restore the eye-catching proportions and symmetry of your smile ... and your face.

Don't be self-conscious because your teeth look too short or too small, because too much of your gums show, or because your teeth look different lengths.

Call us. We'd be extremely pleased to help you!



A whitening

teeth whitening can be done under our supervision – in the office or at home.

What do patients report about their teeth whitening experiences?

- boosted self-confidence,
- improved looks,
- and they smile more!

Ask yourself, “Can I benefit?”

Yes. After childhood, most people can benefit from whitening. As people age, their teeth tend to darken and yellow,

particularly if they...

- drink coffee, tea, or red wine;
- use tobacco products;
- take certain medications.

Are you asking, “Why should I get supervised teeth whitening?”

We make absolutely certain that the whitening ingredients in the system we prescribe for you suit your individual teeth and gums. Without supervision, ingredients found in some off-the-shelf

kits could injure gums and other soft tissue in the mouth and throat, or make you ill if ingested.

How white can you expect your teeth to look?

Teeth can be whitened up to an average of eight shades. The final result depends on the extent of staining. We can help you to determine your smile's best whitening goal. Call for your consultation!

Enjoy The Pace Summer opportunities

I hope that summer provides as much of a slower pace for your family and friends as it does for mine. The tempo is more relaxed around the practice as well ... so it's a great time to schedule an appointment.

If you've been too busy for treatment, now is the time to call us. And if you're looking for a consultation, having unrushed time to think about your smile goals is ideal. It takes time for dental assessments and for your full involvement in treatment decisions. There's also processing for paperwork if you want to use your 2006 insurance before it expires on December 31st. Summer is the half-way point for most plans.

...But don't take half-measure in enjoying summer fun! Remember your sunscreen, drink lots of water, and enjoy summer and the sun to the fullest!

For A Brighter, Healthier Smile Call Today! (626) 334-7310



Start Smiling Again!

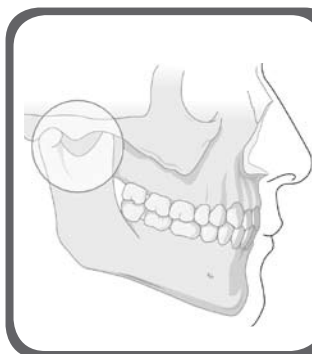
Workable solutions for missing teeth

Patients are pleasantly surprised at our reaction when we initiate discussion about their missing teeth. We're never shocked – even when teeth have been missing for twenty years or more! We're just happy to see an end to anxiety and embarrassment.

A missing tooth was once regarded as a solution, and not as a problem – especially if hidden at the back of the mouth. *Goodbye tooth pain – hello relief!* What we've since learned is that this particular strategy can create a constellation of other challenges.

If only a single gap exists, the natural stability of the bite will be lost as surrounding teeth drift to fill it. This includes the tooth directly below or above the missing one which will tend to over-erupt, creating space between its neighbors and losing its supporting bone. As teeth move they can also tilt, altering the facial structure and appearance as well as the ability to chew and speak clearly. Bite problems or TMJ can lead to headaches and other discomfort. This natural process occurs whether you have lost one tooth or many ... at the front of your mouth or at the back.

Thankfully, with increased understanding comes workable solutions. Dentists offer a range of affordable fixed or removable dental prosthetics including bridges, dentures, and implants. If you have gaps in your smile, our team will be happy to answer any questions you might have.



The lower jaw (mandible) is attached to the skull by a joint on each side of the face called the temporomandibular joint (TMJ). Any number of problems can prevent the TMJ from functioning properly.

Canyon City Dental Care
Dr. Enoma Alade
706 North Azusa Ave
Azusa, CA 91702-2507

PRSRT STD
U.S. POSTAGE
PAID
PNP 14304