

## **DISCLOSING TABLETS (REDCOTE)**

\*Disclosing tablets are used to detect plaque present on teeth.

## **DIRECTIONS FOR USE:**

- 1. First brush teeth and rinse.
- 2. Chew one tablet and swish around all teeth for approximately 30 seconds then expectorate (spit). Be sure to include the inside, outside, front and back of all teeth. **Remember to expectorate (spit) and do not swallow excess.**
- 3. Rinse with water.
- 4. After thoroughly rinsing teeth, observe all areas that remain **RED**, which indicates the presence of plaque.
- 5. Remove remaining plaque with thorough brushing and flossing.
- 6. Use monthly for plaque identification.

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