

Patient Instructions for Crown Preparation Appointment and Delivery

Appointment

BEFORE PREPARATION AND DELIVERY:

- No alcoholic beverages 1 day before appointments
- No blood thinners (such as aspirin, excessive caffeine, etc.) 1 day before appointments
- If on blood thinning medications (such as Coumadin, blood pressure medications, etc.), check with your medical doctor before preparation to discuss discontinuation regimen to avoid excess
- Rinse with Listerine 2 weeks before preparation appointment
- Do not floss 2 days before preparation appointment
- Brush gently with a soft toothbrush
- Do not over-floss, be gentle

AFTER PREPARATION AND DELIVERY:

- It is normal for your temporary to be sensitive
- Avoid hard/crunchy and chewy/sticky foods
- Do not floss until delivery
- Be gentle on your gums for about 10 days as they will be tender and may require extra care
- Rinse with Listerine 3 weeks after preparation appointment (this includes 1 week after delivery)

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