

Immediate Dentures

Post-Operative Care

- DO NOT remove your denture(s) for 24 hours after extractions
- Avoid smoking for 48 hours
- Avoid sucking on a straw for 48 hours
- Avoid spitting for 48 hours
- Avoid heavy lifting or strenuous exercise for 48 hours
- Rinse with warm salt water 4 times a day for 2 days, starting the day after the extraction (avoid rinsing vigorously)
- Keep tongue and fingers away from the sockets, and sutures(if any) until area is healed
- Ice pack application will help in the first 6-8 hours will help with swelling and some discomfort (5 minutes on and 5 minutes off)
- Continue taking prescribed medications as directed
- We will need to make several adjustments on your denture as your bone is healing
- DO NOT adjust your denture(s) yourself
- After the first 24 hours, remove your dentures at night
- When not wearing dentures, always keep them contained in water
- Brush your denture every day in order to keep them clean

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