

Implant

Post-Operative Care

- It is normal to experience some discomfort and bleeding the day of the surgery
- Be sure to take prescribed medications as directed
- Ice pack application is recommended to help with swelling and some discomfort--5 minutes on and 5 minutes off
- DO NOT raise your lip with your fingers to examine the treated area
- DO NOT brush teeth around the treated area, but continue your daily routine for the rest of your mouth
- Keep tongue, fingers, and other objects away from the treated area until healed
- Avoid sucking on a straw for 3-4 days
- Avoid spitting for 3-4 days
- Avoid heavy lifting and strenuous exercise for 3-4 days
- Begin rinsing with warm salt water the day after treatment and continue for 3-4 days
- On the 5th day begin rinsing with peroxide 50/50 with water, and/or Listerine until the gums are healed

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