

Resin Fillings

Post-op Care

- You can eat or drink immediately after fillings are placed, as they are completely set up
- You may experience slight hot/cold sensitivity that will decrease with time
- If gums are irritated, you may use warm salt water rinses for a few days to help them heal
- You want to avoid biting into hard/crunchy or sticky/chewy foods, resin fillings may fracture
- If you are supervising a child that is numb, watch them carefully to make sure they do not bite their cheek

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