

## **Delivery of a Complete or Partial Denture**

Congratulations on your new smile!

With complete dentures, it is normal to experience a difference in your speech pattern. Your tongue will take a few days to become acclimated to your new teeth. Generally, your speech will adjust within two to four days. In addition, it is normal to experience increased salivary flow. This will normalize within days.

Chewing should be done slowly and deliberately while you are adjusting to your new dentures. This will minimize the number of times that you inadvertently bite on your cheek or tongue. The tongue and other soft tissues will eventually become familiarized to the new chewing pattern. We recommend that you actually “think” about chewing during the first couple of weeks when eating. The longer you have had your new dentures, the better you will be able to chew.

If extractions were involved, you will notice that your ability to chew will increase as the healing progresses. In six to twelve months, we encourage you to be seen at our office for a “reline,” or a refitting of your denture to compensate for the healing that will occur. This happens most rapidly during the first year after extractions were done. Your jaw bone will change and the denture will need to be “refitted.” The jawbone is continually changing throughout your life and we encourage relines to be done for the best fit of your denture. Sore spots are expected. Most people require one or two adjustments to fine tune the fit.

The life of the denture is realistically seven to ten years. Many people have dentures much longer, however, after seven years; your dentures will become a “sponge” for microorganisms.

With time, a set of new, complete dentures will feel like a part of your body, however, at first they can feel awkward. Rest assured that you will adapt and do well with them!

Please do not hesitate to call to make adjustments at: (231) 799-1110. We want and expect to have your new denture fit very comfortably for you!