

Dennis W Guard DDS / Holly Guard-Mayher DDS
101 Ridgely Avenue, Suite 22, Annapolis, MD 21401
To request appointments, have questions or need to contact us please use:
www.guardyoursmile.com or (410) 268-5751

It's Not Just A Cleaning

Prevention is the key to better health, a longer life and the best way to keep your medical and dental costs low. Simply, most people want their breath to smell fresh and their teeth to look great, feel good and last a long time. Working in partnership with your dentist and hygienist can achieve this goal of optimum dental health with regularly scheduled care or preventative cleaning and maintenance appointments.

Many benefits are offered to you during these appointments:

- Our dentist and hygienists will discuss your personal preventive options, homecare techniques and advise you on the effectiveness of the many dental products on the market today.
- Your entire mouth is thoroughly examined for growths, lesions, gum disease and any changes that could affect your general health.
- Your teeth are cleaned and polished to remove plaque and tartar above and below the gum line, eliminating the hiding places of thousands of bacteria which invade your mouth daily causing cavities, gum disease and bad breath.
- Each tooth and filling in your mouth is thoroughly examined visually with the use of X-rays and an intra-oral camera, as needed. These devices help to determine the presence of active disease and break-down that left untreated will lead to more extensive and costly repair or tooth loss.
- Fluoride can be applied to help eliminate adult dental problems such as root cavities and tooth sensitivity to help prevent cavities in children's teeth.
- Sealants can be easily and inexpensively placed on deeply pitted teeth protecting them from developing cavities. Dental disease, cavities, gum infections, abscesses and cancer, are most often a silent invader and can affect your general health. Although, your mouth may be healthy now, changes in your life like stress, illness, medications and age can overload your immune system allowing disease to become active and destructive. Keeping regularly scheduled appointments every year will allow your dentist and hygienist to best determine your state of dental health and design a personalized program just for you to meet your needs and your wishes.

If you have postponed or missed your last preventive maintenance appointment:

Remember, It's Not Just A Cleaning, but an investment in your total health!

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