



Tooth Colored Filling (Composite) Post Operative Instructions

At today's visit you had tooth colored fillings placed. Your comfort is extremely important to us. These are some of the things that you may experience:

- ◆ The gum tissue in the area treated may be sore for 1-2 days due to local anesthesia.
- ◆ The tooth may be sensitive to hot or cold for a period of 1 day – to 6 weeks depending on the depth of decay. The sensitivity should last for less than 1 minute.
- ◆ Despite our best efforts, some material may stick to your gum tissue or untreated parts of the tooth. This may feel sharp or rough. If you should experience this, please call us so we can make corrections.
- ◆ If the bite feels off or awkward, please call for an adjustment visit. A slight discrepancy in bite can lead to prolonged sensitivity.
- ◆ If you experience anything other than the above mentioned, please call the office.
- ◆ Any mouth irritation can be relieved with warm salt water rinses 3-4 times a day (1/2 teaspoon salt in an 8 ounce glass of warm tap water.)
- ◆ If you are experiencing discomfort and are not allergic to anti-inflammatories such as Advil, Motrin (ibuprofen), Alleve or aspirin, they can be taken as needed.