

## Provisional Restorations (Temporary Crowns) Post Operative Instructions

At today's visit acrylic provisionals were custom made for you. Your comfort is extremely important to us. These are some of the things that you should expect and may experience:

- ◆ Acrylic provisionals are designed to cover the tooth while your crown is made. Provisionals also maintain space, and allow you and us to evaluate bite, esthetics and speech. They help gum tissue to heal and teeth to get comfortable.
- ◆ Provisionals will give us a general idea of esthetics. Acrylic will not be as life-like as porcelain.
- ◆ Please be careful eating. Provisionals are not as strong as the final crowns. Some foods to avoid are: hard foods such as pretzels and hard candy, sticky foods and candies such as jelly beans, caramels and gum. Don't deprive yourself, but do be careful. If front teeth are in provisionals avoid biting into foods with them.
- ◆ Please brush as usual. Keep the gumline clean. Flossing may or may not be possible. We may prescribe an antibiotic rinse in some cases.
- ◆ Despite your and our best efforts provisionals may come loose and/or fracture. If this happens DO NOT PANIC. The tooth may be sensitive; however, nothing will happen in a short period of time.