



# Tooth Fairy Times

## Inside this issue:

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Invisalign	2-3
Fairy Dust for your Brain	4-5
A+ No Cavity Club	6
April is National Facial Protection Month	7
Coloring Page	8

## Office Closures

As a reminder to all our wonderful patients:

Our office will be closed the following days:

- Friday, March 13, 2015
- April 8th—April 12th for Spring Break. We will reopen at regular time on Monday, April 13th.
- Friday, April 24, 2015
- Monday, May 25, 2015—in observance of Memorial Day



## New Office Hours

Monday, Tuesday, & Thursday—8:30 AM—5:00 PM

Wednesday—OFFICE CLOSED

Friday—8:30 AM—12:00 PM



Picture below—Copyright © 1995-2010 Randal Wingett — Wingett Photography



# invisalign®

The Clear Alternative to Braces

Invisalign works with computer-generated 3D technology to create a step-by-step treatment. Based on this 3D model, a series of clear aligners are custom-made to gradually shift the teeth. Aligners are made out of a thermoplastic material and resemble teeth-whitening trays. Treatment usually requires between 18-36 aligners, depending on the initial position of the teeth. Invisalign can be worn by both teens and adults.

Aligners can be removed during meals & brushing



Can treat crowding, spacing, crossbite, underbite and overbite



Adult men are the most conscientious about wearing Invisalign



Adult women are the least conscientious (usually for cosmetic reasons)



1.5 Million

Invisalign Invisible Aligners are the social-friendly alternative to traditional metal braces. In 2011, over 1.5 million patients straightened their smile with Invisalign.



Aligners are changed every 2 weeks



Average cost is \$5000, same as traditional braces



Average treatment time is one year which is comparable to traditional braces



Invisalign must be worn 20-22 hours a day to be effective

## Famous Patients



Katherine Heigl

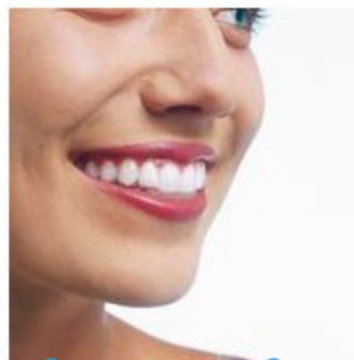


Gisele Bündchen



Justin Bieber

INFORMATION PROVIDED BY:  
[www.castlecs.com](http://www.castlecs.com)



# invisalign®

The Clear Alternative to Braces



Save BIG on  
invisalign®  
The Clear Alternative to Braces

\* Invisalign treatment can be completed on individuals as young as 12 years of age. Consult Dr. Rainey for more information.



\*Treatment must start on or before **March 17, 2015** for discount to apply

invisalign teen



# INVISALIGN



# BRACES



Effectively treats a wide variety of cases  
crowding, spacing, crossbite  
underbite, overbite



Effectively treats a wide variety of cases  
crowding, spacing, crossbite  
underbite, overbite



Straightens your teeth

Straightens your teeth

Average cost is about \$5,000



Average cost is about \$5,000

Allows you to eat whatever foods you enjoy



Many food restrictions

Lets you remove the device when you want



Requires brackets and wires that  
cannot be removed

Consists of smooth, comfortable plastic that  
is less irritable to your cheeks and gums



Wires can poke and irritate mouth



**WHILE THE END RESULTS MAY  
APPEAR THE SAME**

**THE ADVANTAGES BECOME QUITE  
APPARENT WITH INVISALIGN!**

**FAIRY DUST  
FOR YOUR BRAIN**



**To Wiggle**

OR NOT TO WIGGLE:  
THAT IS THE QUESTION

**DO WIGGLE  
WIGGLE  
WIGGLE WIGGLE**  
(Yes, it's fine. And also fun.)

**DO'S**

**DONT'S**



**DO** HAVE YOUR CHILD  
**CRUNCH** INTO  
*hard, healthy snack*  
**LIKE APPLES & CARROTS.**

**DO** USE A *tissue* OR  
*gauze* IF YOU NEED  
TO LEND A HAND.

**GRASP** THE TOOTH **&** GIVE IT  
FIRMLY A quick twist.

**DON'T** PULL TOO  
**SOON.**  
IF THE TOOTH IS ONLY  
*slightly loose,*  
**LEAVE IT ALONE**  
UNTIL MORE OF THE ROOT DISSOLVES.

**DON'T** FORGET  
TO PREPARE  
FOR MY visit.

HAVE YOUR KID  
**WRITE ME** a *note*  
& LEAVE THE CLEAN TOOTH  
UNDER THE PILLOW.

Take the poll. Get more tips.  
[OriginalToothFairyPoll.com](http://OriginalToothFairyPoll.com)

 **DELTA DENTAL**



**FAIRY DUST  
FOR YOUR BRAIN**

# Toothbrush TIDBITS



**REPLACE** *your*  
**TOOTHBRUSH EVERY**



YOU MIGHT HAVE TO REPLACE YOUR BRUSH



**SOONER**

IF IT'S SEEN  
BETTER DAYS.

*(Don't be so rough.)*



**ELECTRIC**

**TOOTHBRUSH USERS,**  
THAT MEANS YOU TOO!

*Bristles*  
**WEAR  
OUT**



IN ABOUT  
**3 MONTHS**

AND DON'T REACH YOUR MOUTH'S  
NOOKS AND CRANNIES AS WELL.

**KIDS'  
BRUSHES  
WILL WEAR OUT  
FASTER**



*because*  
**THEY USE  
EXCESSIVE FORCE  
(SURPRISE, SURPRISE).**

Take the poll. Get more tips.  
**OriginalToothFairyPoll.com**

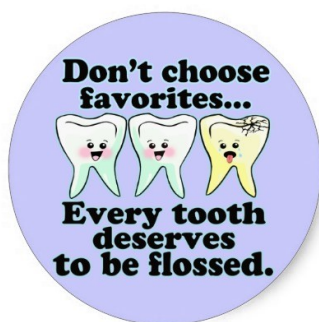
**DELTA DENTAL**



## Dr. Rainey's A+ Kids No Cavity Club

* Emma	* Jaime	* Jazmine	* Noah
* Tanner	* Mikey	* Erica	* Evangeline
* Christopher	* Natalie	* Naois	* Michelle
* Hannah	* Kylie	* Maximo	* Olivia
* Tim	* Mason	* Conner	* Joshua
* Aric	* Logan	* Jane	* Olivia
* Andy	* Tyler	* Rachel	* Adrienne
* Kora	* Natalie	* Alex	* Lisa
* Breanna	* Anjanette	* Lucas	* Lauren
* Damayne	* Divine	* Rod	* Amanda
* Dawalt	* Kevin	* Dillon	* Josh
* Jasmine	* Cedric	* Bella	* Josiah
* David	* Lucian	* Nico	* Brittany
* Austin	* Brynn	* Brianna	* Shanice
* Ina	* Tessa	* Maddy	* Brian
* Aimsley	* Caleb	* Gunnar	
* Kaylea	* Trinity	* Gracie	
* Nathan	* Jordan	* Alex	
	* Jack	* Anna	
	* Aubrey	* Gia	
	* Bryce	* Isaiah	
	* Chase	* Erin	
	* Jaylen	* Kaitlynn	

These are all the names of patients from December 2nd to February 28th that are cavity free!!! Keep up the good work.



**USE YOUR SMILE TO  
CHANGE THIS WORLD,  
BUT DON'T LET  
THIS WORLD  
CHANGE  
YOUR SMILE.**



Spring is almost here and  
that means Spring  
Sports!!!!

Here are a few ways to ensure your mouth's safety this spring:

1. Wear mouth guards for contact sports such as baseball, softball, soccer and lacrosse.
2. Wear a helmet
3. Wear protective eye-wear
4. Wear a face shield to avoid scratched or bruised skin
5. Be alert, even as a spectator



April is National Facial  
Protection Month sponsored by



American Association of Oral  
and Maxillofacial Surgeons  
aaoms.org



American  
Association of  
Orthodontists  
aaof.org



American Academy of  
Pediatric Dentistry  
aapd.org



Academy for  
Sports Dentistry  
academysportsdentistry.org

## April Is National Facial Protection Month



**Get Your Athlete Fitted  
By a Professional...**  
**YOUR DENTIST**

Don't delay in getting your custom  
Night Guard. Call our office today to  
schedule your appointment!!!

\* Tricare/MetLife patients—covered 1  
time every year at 50%



*Happy Spring 2015*

HAPPY  
SPRING

