



Tooth Fairy Times

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VaCora L. Rainey, DDS,
PLC

2010 MOM Project

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**Our office
turns 2 on
August 22!!**

Read the community news to learn more about this event!!



Patient News

Melody Wright participated in the 2010 Avon Walk for Breast Cancer. She walked 39.3 miles in 2 days!! Our office gave a donation to assist her goal of raising \$5,000. She surpassed it raising a total of \$5,400!!



Community News

Dr. Rainey volunteered with the Northern Virginia Mission of Mercy project (MOM Project) on March 13, 2010. Over the course of two days, 780 people received care and over \$280,000 worth of free dental treatment was rendered. The event took place at the Northern Virginia Community College in Springfield. Over 500 volunteers were in attendance.



New Office Product

aveoTSD

The **aveo**TSD (tongue stabilization device) is a brilliantly, simple, FDA cleared treatment for snoring. It has been proven effective in clinical trials for mild to moderate Obstructive Sleep Apnea. Not being tooth borne, it prevents TMJ and tooth pain.

Call the office today for a free consultation!!



New Smile



Hi! My name is Shelley. I've been in dentistry for three years and enjoy helping my patients achieve maximum dental health. I have a 4 year old son named Landon and 2 dogs, Chloe and Dumbledor. In my free time, I enjoy going to the gym and spending time with family and friends. I look forward to meeting you and making your experience with us an enjoyable one!!

News you can use

Diabetes and your oral health

Because diabetes reduces the body's resistance to infection, the gums are among the tissues likely to be affected. This is why periodontal disease is often linked to the control of diabetes. For example, patients with inadequate blood sugar control appear to develop periodontal disease more often and more severely. They also lose more teeth than persons who have good control of their diabetes.

Oral Health problems associated with Diabetes:

- Tooth Decay
- Gum Disease
- Salivary Gland Dysfunction
- Fungal Infections
- Taste Impairment
- Infection and Delayed Healing



When diabetes is not controlled properly, high glucose levels in saliva may help bacteria thrive. Brush twice a day with fluoride toothpaste and clean between your teeth once a day with floss to remove decay-causing plaque.

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VACORA L. RAINEY DDS, PLC
Healthy Smiles for Life

We now participate with:

HUMANA PPO
DENTEMAX

From the Desk of Dr. Rainey



2 years and counting!! I am so happy to have reached this important milestone. Thank you for all of your support. The office is getting busier in large part from referrals of family and friends. It has truly been a wonderful experience.

Dr. R

Wear a smile and have friends; wear a scowl and have wrinkles.

George Eliot
