



# Tooth Fairy Times

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Spring 2009

**VaCora L. Rainey, DDS,  
PLC**

## Grand Opening!!

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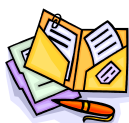
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On October 10, 2008, a Grand Opening and Ribbon Cutting was held at our office to celebrate the opening of our practice. Pictured above are Dr. Rainey, Staff, Officials from the Fredericksburg Chamber of Commerce, Family, and Friends. Stafford Supervisor Mark Dudenhefer was among the honored guests. A reception was held after the ceremony.

### AG WRIGHT MIDDLE SCHOOL FAMILIES

Look for our  
logo inside  
your new  
folders!!



### MELISSA HAD HER BABY!!

Madelyn Rose Headley  
was born February 8.



## Patient News

Our 100th dental patient is 10 year old Claire Haas!! Claire received a Starbucks gift basket which contained a Starbucks coffee mug, lemon cookies, and house blend coffee.



## Meet our Staff

**Dr. Rainey** graduated from the University of Tennessee-Memphis College of Dentistry in 2001. Upon completion, Dr. Rainey joined the United States Army and worked at the Pentagon for 4 years treating patients from all branches of the military. She worked 2 years in the private sector before opening our new office.

**Melissa Headley– Head Dental Assistant.** Melissa has over ten years experience as a Clinical Assistant. She is a Certified Dental Assistant (CDA) and has extensive training in Lumineers and Invisalign. She is devoted to patient care and education.

**Mindy Jahner– Dental Assistant.** Mindy has over 25 years experience as a dental assistant. She has worked in both General Dental and Orthodontic offices. Mindy has traveled all over the world as a US Army Wife.

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## Going Green

In an effort to help the environment, our dental office saves as much paper as possible.

Did you know....

- Our office is completely paperless!! All of our dental records are saved on the computer. Dr. Rainey can even access the records outside of the office.
- We use digital x-rays. This minimizes retakes because we are able to adjust the quality of the images. This also eliminates the need for chemicals used to process film.
- We donate our old newspapers and magazines to S.E.R.V.E. for recycling. S.E.R.V.E. is a non-profit organization in Stafford County that gives emergency assistance to the underserved.



## Community News

February is National Children's Dental Health Month. On February 10, 2009, 10 pre-school students from the **Shiloh Christian Learning Center** took a field trip to our office. Dr. Rainey read a story about visiting the dentist. She also demonstrated proper brushing and flossing techniques. All of them received a goodie bag containing a toothbrush, toothpaste, mouthwash, floss, and a sticker. They received 3 toys from the treasure chest. We also gave out 100 goodie bags to the kindergarten students at **Rockhill Elementary School**. Mindy visited the preschool class at **Minnieland-Park Ridge**. She read a dental story to the kids and gave out goodie bags to 20 students.



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## New Smile!!



We offer 2 ways to get whiter teeth. The first procedure is take home whitening. We take molds of your teeth and fabricate custom trays. You then use the bleaching material everyday for 2 weeks. The other method is the Sapphire Whitening System. This is where we apply the bleaching material to your teeth in the office. You will have whiter teeth in 1 hour!! We like the Sapphire System because it is specially formulated to prevent sensitivity. Custom trays and bleaching materials are included with this treatment for future use. Your new shade using either method should last about 3 years. If you drink coffee, tea, or red wine, you may have to "touch-up" your shade more often. If you are interested in having whiter teeth, please give us a call!!

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VACORA L. RAINEY DDS, PLC  
Healthy Smiles for Life

### Mission Statement

We provide comprehensive dental care in a warm environment. This is achieved by focusing on quality, attention to detail, and integrity. Excellence and Service are the highest priority. We will treat patients and staff in a friendly and respectful manner. Our office will strive to use the latest technology for the most conservative approach to dental treatment. We help the less fortunate through education and care on an ongoing basis. Success is achieved when we are focused on customer care in a joyful manner.

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## From the Desk of Dr. Rainey



Hello everyone!! It has been such a pleasure meeting and working with you. We are all very happy to be a part of the Garrisonville community. This is our first newsletter and I hope you enjoy it. Feel free to share this newsletter with your family and friends.

*The human race has one really effective weapon, and that is laughter.*

*Mark Twain*

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