



# Tooth Fairy Times

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PLC

## No More Trays!!!

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### 500th Patient!!

Read the next page to learn more about this great new product!!

**Jason Colon is our  
500th patient!! Jason  
received a free Oral B  
Triumph Electric  
Toothbrush.**



### Patient News

Emily Fain is a member of the Girl Scout Daisy Troop #611. Her troop is sponsoring a cookie drive for Marines in Iraq and Afghanistan. Our office donated cookies to assist this wonderful effort. Her mom, Jenny Fain, is the Troop Leader.



## Community News

Dr. Rainey donated a free 1 hour whitening to the Rockhill Elementary School 2009 Fall Festival. The PTO used the gift as a Raffle item.



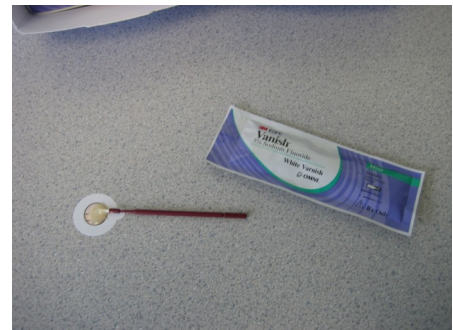
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## New Office Product

**We have a new fluoride!!** Our office now uses a 5% Sodium Fluoride White Varnish.

### Summary of Advantages

- Flows better between the teeth
- Elevates salivary fluoride levels better than other brands tested
- Contains Xylitol
- Provides relief from Hypersensitivity
- Stays on your teeth for 2 weeks.
- Great cavity protection for Children and Adults
- **YOU CAN EAT AND DRINK RIGHT AWAY!!!!!!**



### Directions for Care After Treatment

1. Do not brush or floss for at least 4-6 hours.
2. If possible, wait until tomorrow morning to resume normal oral hygiene.
3. Eat a soft food diet during the treatment period.
4. Avoid hot drinks and products containing alcohol during the treatment period.

## New Smile



**This makeover was achieved with 4 white fillings!!**

## News you can use

### Antibiotics and your heart

*New Guidelines from the American Heart Association (AHA)*

For decades, the American Heart Association (AHA) recommended that patients with certain heart conditions take antibiotics shortly before dental treatment. This was done with the belief that antibiotics would prevent infective endocarditis (IE)— an infection of the heart's inner lining or valves. In April 2007, **The AHA recommends that most patients no longer need short-term antibiotics as a preventive measure before their dental treatment.**

#### Patients who no longer need antibiotics:

- Mitral Valve Prolapse
- Rheumatic Heart Disease
- Bicuspid Valve Disease
- Calcified Aortic Stenosis
- Congenital Heart Conditions such as Ventricular septal defect, atrial septal defect and hypertrophic cardiomyopathy.

\*Check with your cardiologist to see which category best fits your needs.



The AHA guidelines emphasize that maintaining optimal oral health and practicing daily oral hygiene are more important in reducing the risk of IE than taking preventive antibiotics before a dental visit.

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VACORA L. RAINEY DDS, PLC  
Healthy Smiles for Life

We now participate with:

GEHA  
Guardian  
Principal Life

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## From the Desk of Dr. Rainey



Winter is almost over!! Time for warm weather and sunshine!!! The snow fall prevented many of you from attending work, school, and other activities (including dental appointments). Please contact the office to reschedule your appointment today. Your dental health is an integral part of your overall health.

**Dr. R**

*Every day you spend without a smile, is a lost day.*

*Author Unknown*

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