## Pros and Cons of a composite resin filling

## Advantages:

Composite resin fillings are adhesive and bond to teeth giving further support to the remaining tooth structure, which helps prevent breakage and damage to your tooth. They certainly look better and are color blended to match your natural tooth color. These fillings are often used to improve the appearance of misshapen, chipped or discolored teeth.

Composite resin fillings last about six to twelve years or more and the procedure usually takes just one visit to your dentist. There is very little sensitivity to hot or cold items often experienced with amalgam fillings. The dentist may not need to drill as much of the tooth structure as with amalgam fillings.

## Disadvantages:

Composite resin fillings require more time to apply than amalgam fillings since composites must be performed in a completely dry environment and they are more technique sensitive. This results in slightly increased cost for placing composite fillings.

Dental composite fillings will characteristically pick up staining overtime. However, when compared with the silver appearance of dental amalgam, it seems unlikely that the potential staining of a composite filling would be a reason not to place one.

For answers to this article or questions, please e-mail us at info@woodburyfamilydental.com

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