

I have a cavity and I need a filling

Should I have a silver filling or a white (composite) filling?

There are no known health risks of receiving composite fillings. Composite resin dental fillings were created as an alternative to traditional metal dental fillings. Tooth fillings colored to look like a natural tooth are known as Composite Resin Dental Fillings, are made of a plastic dental resin. Composite Resin Dental Fillings are strong, durable, and make for a very natural looking smile. Many dental insurance plans cover their use.

Amalgam fillings may contain mercury, and are

often referred to as metal fillings. Their safety has been in question for a number of years due to concerns over the absorption of elemental mercury contributing to several diseases, including Alzheimer's, multiple sclerosis, dementia and arthritis. The FDA investigations have not proven that the minute amount of mercury vapors released from silver fillings is a health hazard. Amalgam fillings are a mixture of mercury liquid and small pieces of silver and other metals such as copper, tin and zinc.

Next week we will discuss the pros and cons of each.

For answers to this article or questions,
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Please call us for a no-charge consultation.

