

# Dental Update Questionnaire

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Please use the reverse side of this sheet to continue comments and answers to any questions you were unable to respond to sufficiently.

1. Are you experiencing any discomfort at this time? Yes ☐ No ☐  
If yes, please explain \_\_\_\_\_
2. Does dental treatment make you nervous? No ☐ Slightly ☐ Moderately ☐ Very ☐
3. Date of last dental visit \_\_\_\_\_
4. Have you ever been treated for gum disease? Yes ☐ No ☐
5. Have you ever had gum surgery? Yes ☐ No ☐
6. How often do you brush? \_\_\_\_\_ Type of brush: Soft ☐ Medium ☐ Hard ☐
7. Do you have, or have you ever had, any of the following?

## MOUTH

- |                                |                              |                             |
|--------------------------------|------------------------------|-----------------------------|
| Bleeding, sore gums            | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Unpleasant taste/bad breath    | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Burning tongue/lips            | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Frequent blisters - lips/mouth | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Swelling/lumps in mouth        | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Ortho treatments (braces)      | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Biting cheeks/lips             | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Clicking/popping jaw           | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Difficulty opening/closing     | Yes <input type="checkbox"/> | No <input type="checkbox"/> |

## TEETH

- |                     |                              |                                |
|---------------------|------------------------------|--------------------------------|
| Loose teeth         | Yes <input type="checkbox"/> | No <input type="checkbox"/>    |
| Sensitive to hot    | Yes <input type="checkbox"/> | No <input type="checkbox"/>    |
| Sensitive to cold   | Yes <input type="checkbox"/> | No <input type="checkbox"/>    |
| Sensitive to sweets | Yes <input type="checkbox"/> | No <input type="checkbox"/>    |
| Sensitive to biting | Yes <input type="checkbox"/> | No <input type="checkbox"/>    |
| Food impaction      | Yes <input type="checkbox"/> | No <input type="checkbox"/>    |
| Clenching/grinding  | Yes <input type="checkbox"/> | No <input type="checkbox"/>    |
| If so, when...      | Day <input type="checkbox"/> | Night <input type="checkbox"/> |
| Shifting in bite    | Yes <input type="checkbox"/> | No <input type="checkbox"/>    |

8. Do you use fluoride rinse? Yes ☐ No ☐
9. Do you floss? Yes ☐ No ☐
10. Is there anything you would like to change about your smile? \_\_\_\_\_
11. Would you like whiter teeth? \_\_\_\_\_
12. Would you like to have fresher breath? \_\_\_\_\_
13. What things are most important to you about your dental health? \_\_\_\_\_
14. Have you lost any teeth? Yes ☐ No ☐ If so, have they been replaced? \_\_\_\_ If not, why? \_\_\_\_\_
15. Are you unhappy with the replacement(s)? Yes ☐ No ☐ If so, why? \_\_\_\_\_
16. Would you be interested in learning more about permanent replacements? \_\_\_\_\_
17. Have you ever had Novocain? Yes ☐ No ☐
18. If yes, have you ever experienced difficulty getting numb? Yes ☐ No ☐ If yes, please explain \_\_\_\_\_
19. Have you experienced any problems or complications with previous dental treatment? Yes ☐ No ☐  
If yes, please explain \_\_\_\_\_

## 20. Please circle one:

My mouth is a) very comfortable b) moderately comfortable c) uncomfortable

- 1 a) think the appearance of my mouth is excellent  
b) am satisfied with the appearance of my mouth  
c) am disappointed with the appearance of my mouth
- 2 a) will do anything to keep my natural teeth  
b) want to keep my teeth, but have a certain budget of time and money that I am willing to spend on them  
c) expect I will eventually lose most/all of my teeth, like my parents did
- 3 a) have set goals for my oral health with a previous dentist  
b) want to set goals concerning my dental health
- 4 a) have always done the best that was recommended for my dental health  
b) have not done what dentists have recommended to me  
c) rarely go and don't care much about having any dental work completed
- 5 a) have put dentistry for myself and family high on my priority list  
b) have put dentistry for myself and my family low on my priority list  
c) have dentistry is on my list, but it's hard to find

I think my present state of dental health is a) excellent b) good c) poor

## 20. What are some questions about dentistry that you have never had adequately answered?

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